Excerpt from Physician and Surgeon, 1901, Vol. 23: A Professional Medical Journal

It is of the treatment of this kind of cases that I will speak particularly. The etiology and pathology is practically the same as that of hip disease about which I lectured last week. At first the treatment is of course largely prophylactic. If these cases are seen early in their history it is possible with proper care to avoid the extensive destructive changes present in this joint. The treatment is both constitutional and local, although too often one or the other of these is neglected. Constitutional treatment consists of plenty of good food, good air, cheerful environment and careful attention to the general health. Beefsteak, cream and eggs are better general tonics than cod-liver oil and creosote. These drugs, however, have their place in the treatment of these cases too often to the exclusion of the more common dietetic agents. I have noticed in this hospital that after operations upon cases coming from the overcrowded sections of the city, if the little ones are returned to their tenement homes the disease often recurs and they are again seen at our dispensary, candidates for further Operative treatment. If they are sent to our country hospital at Englewood they usually make a permanent recovery, which certainly proves the value of combining hygienic treatment with the mechanical and Operative. When a case of knee-joint disease comes to your office it is a good plan to first of all be sure of your diagnosis. The child's gait will teach you a great deal, as I have often showed you here. Having seen the patient walk, repeat to yourself mentally, at least, if not verbally, that magic combination of symptoms which will unlock the diagnosis of any case of joint disease. See how many there are present out of the eight. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at www.forgottenbooks.com This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully any imperfections that remain are intentionally left to preserve the state of such historical works.